Here we are, the people of God, sharing around this holy table In the body and blood of Jesus Christ.

May his life Spirit flow in us and make us his people. AMEN.

(Hand out bread, cup and grapes)

The bread of heaven, for the people of God.

Thanks be to God.

(everyone eats bread or has a grape)

The cup of salvation, for God's beloved.

Thanks be to God.

(everyone drinks juice, or has a grape)

Thank you, God, for this meal, which feeds our bodies and our spirits.

Thank you, God.

May the bread and cup we have shared together, sustain us for your work of justice.

AMEN.

Sharing

Prayer

Song

Blessing for Fellowship meal

God, Feed our bodies with good food, And our hearts with good conversation, So we can go out and serve you. AMEN.



Intergenerational Table Worship Frazer Mennonite Church June 18, 2023

Welcome and Announcements Call to Worship

God of justice and righteousness, (reach toward the ceiling, palms up)

your light shines within us (place hands on your heart) and within all people. (Extend your arms out wide.)
May your justice and righteousness (reach toward the ceiling, palms up)

fill our hearts, (place hands on your heart) our homes, (touch fingertips overhead to form a "roof") and our world. (Extend your arms out wide.) AMEN.

Songs

Scripture reading: Matthew 25:31-46

Reflect on the text at your table:

- What do you like best about the story and why?
- Which part of the story do you think is the most important? Why?
- Talk about a time you helped someone else or a time someone helped you.
- What are the risks or challenges of doing exactly what Jesus said?
- Talk about a time you saw someone who was hungry, sick, thirsty, a stranger, in prison, or without adequate clothing. What assumptions or beliefs did you have about that person? What was running through your mind? How would it have felt to act on Jesus' instructions in Matthew 25.

Stations

Choose one of the six stations below to engage in. After 5 minutes, a bell will ring. At that time, you can choose to stay at your current station for another five minutes, or go to another station. We will have 5 sets of 5 minute intervals where you can move from one station to another.

1. I was a stranger and you welcomed me

All are Welcome sign—Head to the parking lot (weather permitting) to sign the sign and color it too! We'll hang it in the lobby when it's done. Annabelle Ricou will be there to help you, and make sure you have what you need.

2. The spirit speaks to us with sighs too deep for words

When we don't have words, we can pray through art! Using play-doh, create your prayer of imagination for the world in the Sr High Youth room. (First room on the left in the hallway). **This is a quiet place to make art and pray.**

3. When I was in prison, you visited me

Head down the Sunday school hallway to the Mennonite Central Committee table—put together a prison kit, and write a note of support to someone in a local prison. Phyllis Krabill will be there to help make sure you know what to put in the kit.

4. When I was hungry, you gave me something to eat

Join Anna Louise Detwiler in the parking lot (weather permitting), where you can learn about what's been planted in the garden, how the food helps our neighbors in need, and learn about all the ways you can help feed our neighbors!

5. When I was sick you visited me

Head to the room behind the fireplace to write cards to those in our congregation who might need a little encouragement. Leave the cards in the basket on the table, and the church office will mail them for you.

6. When I was naked, you clothed me

In the main fellowship hall area, on the butcher block paper, write out your ideas for where to donate clothing for those who need it.

Songs

Table communion ritual

Choose someone to read the light print, and everyone else read the dark print. There are several simple responses that everyone can do when prompted to repeat.

Another person should be chosen to pour out the juice, and hand out the bread, juice and grapes.

Come, friends, to this holy table,

Come to this special meal.

You are welcome in the name of God our parent, Jesus Christ our Savior, and the Holy Spirit, who inspires and challenges us.

With our hearts we thank you, God. With our hearts we thank you, God. With our lives we praise you, God. With our lives we praise you, God.

Everywhere we look we see what you have made.

We love your world and its beauty.

We love the people you have given to us—to share our homes, to be our family and friends.

We love to work, to play and rest.

We love to grow in knowing you better.

Thank you for every way you bless us.

Thank you for every way you bless us.

We are people who choose to follow Jesus And so this morning we remember him.

Tell me about Jesus-

Share together what is important to you about Jesus.

Today, at this table, we tell the story about the last night Jesus ate with his friends, how he held the bread, and broke the bread and handed it to them, saying, "when you eat this bread you share in my body, you are part of me."

At the end of the meal he lifted up a cup of wine, and shared it with them, saying, "when you drink from this cup you share in my blood. It shows God's promise to you. It shows that you are precious and forgiven, no matter what."